After School Programs Schedule



2019 Fall Session October 2 – December 12

Westmont offers a selection of fun after school programs for children in our Early Childhood and Kindergarten classes.

These after school activities take place throughout the week and children can enroll in one or more classes.



Travelin' Tumblers

8. 45-minute classes for EC & K children 🥳 Wednesdays 3:35-4:20PM beginning October 2nd No class 10/9 and 11/27



This class uses lively music, innovative gymnastics equipment, and varying themes and props to boost children's fitness levels and selfesteem through diverse and enriching physical activities. We place a strong emphasis on safety and our experienced instructors ensure that the activities are age and ability appropriate. Our classes are action packed and our instructors teach with enthusiasm, patience, and positive reinforcement.

> Please send your child in comfortable clothing and a labeled water bottle.

Yoga

7, 45-minute classes for EC children Thursdays 12:05-12:50PM beginning October 10 No class 11/7 and 11/28



Classes include opening with different mindfulness breathing techniques, a

mantra, stretches, yoga poses, a yoga game, partner and group poses and sav asana. Every child deserves a chance to unwind and breathe.

Please wear comfortable clothing, socks and send in a water bottle labeled with child's name. A yoga mat will be provided but children may bring their own, if desired.

After School Programs Fall 2019 Registration



Class

Child's Name_____

Parent Name: ______

Parent Email:

Please submit payment made out to 'The Westmont Montessori School' with your registration form.

No refunds after the start of session.

Classes each run for 6-8 weeks and are not held when the school is closed for any reason. Classes canceled due to inclement weather will be made up at the end of the session.

PROGRAM	DAY/TIMES	DATES		COST PER SESSION
Travelin' Tumblers	Wednesdays 3:35-4:20	Oct. 2 - Dec. 4 8 Classes	0	\$180.00
Yoga	Thursdays 12:05-12:50	Oct. 10 - Dec. 5 7 Classes	0	\$160.00
Art	Thursdays 3:35-4:20	Oct. 3 - Dec. 12 8 Classes	0	\$180.00
Chef It Up!	Fridays 12:05-12:50	Oct. 4 - Dec. 6 8 Classes	0	\$125.00
		TOTAL:		\$

For Office Use:

Date of Submission: Check #: Enrolled:





Registration Information

- There are a limited number of spots available per class, we encourage you to register as early as possible. **Payment must be submitted with your registration form.**
- Once we have received your registration and payment, you will receive an e-mail:
 - Confirming enrollment or
 - Notifying you that the class is full. Those children who could not be enrolled will be put on a waiting list. If a spot becomes available we will fill spots starting at the beginning of that list.
- Alumni of Westmont (up to 1st grade) who would like to participate in Westmont's After School Program may do so if there are still spots available within one week of the start of class.
- Refunds cannot be issued after classes have begun.
- There may be gaps of time between your child's school time and the start or end of the After School Program. Please note that children may utilize Extended Day, however, normal Extended Day fees will apply.
- At times it may be necessary to cancel a class due to inclement weather or provider problem. You will be notified by the school should that need arise. Any class cancelations will be re-scheduled. We will inform you via e-mail of the make-up date.



Questions or allergy concerns? Please contact Amanda at 908-879-6355 or afink@westmontmontessori.org

<u>Art</u>

8, 45-minute classes for EC & K children Thursdays 3:35-4:20PM beginning October 3rd No class 10/31, 11/7 and 11/28



Taught by our own artist-in-residence, Vicki Smith

Drawing, Painting, and Printmaking: Children sharpen fine motor and observational skills while painting with brushes and sponges, create collage with cut and torn paper, and learn about line with chalk and crayon. Paint and collage will be combined in mixed media pieces. Monotypes, collagraphs, and dry point etchings will introduce the children to printmaking.

Children wear oversized t-shirts as smocks to protect their clothing.

<u>Chef It Up!</u>

8, 45-minute classes for EC children Fridays 12:05-12:50PM beginning October 4th No class 11/8 and 11/29



Food allergy friendly cooking classes: The children will enjoy mixing, measuring, chopping and using kitchen tools while having a blast! On the menu will be: Garlic bread, stuffed peppers, zucchini boats, Spooktacular cupcakes, witches brew, apple nachos, stuffed mushrooms, bacon wrapped stuffing bites, yogurt parfaits plus more!

Chef it Up is *completely nut free and food allergy friendly, just let them know!*