

# After School Activities Schedule of Programs



**2018 Fall Session  
October 17 – December 21**

Westmont offers a selection of fun after school activities for children in our Early Childhood and Kindergarten classes.

These after school activities take place throughout the week and children can enroll in one or more classes.



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## PROGRAMS OFFERED

### *Chef it Up!*

8, 45-minute classes for EC children

**Fridays 12:05-12:50PM**

beginning October 19

No class 11/9 and 11/23



**Food allergy friendly cooking classes:** The children will enjoy mixing, measuring, chopping and using kitchen tools while having a blast! On the menu will be: Garlic bread, stuffed peppers, zucchini boats, Spooktacular cupcakes, witches brew, apple nachos, stuffed mushrooms, bacon wrapped stuffing bites, yogurt parfaits plus more!

Chef it Up is *completely nut free and food allergy friendly*, just let them know!



**Kid's Hip Hop**

### *READY, SET, DANCE!*

8, 45-minute classes for EC & K children

**Wednesdays 3:35-4:20 PM**

beginning October 17

No class 11/21

This upbeat dance class for boys & girls will introduce children to Hip Hop, Jazz & Contemporary dance with lively and age-appropriate music. They will stretch, do dance games, learn and practice fundamental Jazz steps and progressively review and memorize physical and fun Hip Hop choreography.

**Sneakers and comfortable attire** that will not inhibit movement requested. Please send **water bottle** with name on it for end of class.

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## PROGRAMS OFFERED

### Yoga

8, 45-minute classes for EC children

Thursdays 12:05-12:50PM

beginning October 18

No class 11/8 and 11/22



Classes include opening with different mindfulness breathing techniques, a mantra, stretches, yoga poses, a yoga game, partner and group poses and sav asana. Every child deserves a chance to unwind and breathe.

Please wear **comfortable clothing**, socks and send in a water bottle labeled with child's name. A yoga mat will be provided but children may bring their own, if desired.



### *FUN! Music*

8, 45-minute classes for EC & K children

Thursdays 3:35-4:20PM

beginning October 18

No class 11/8 and 11/22

Fun! Fabulous! Fantastic! Join our own **Ms. Casillo** as she leads the children in exploring music and movement while singing songs and trying new musical instruments. They will gain a sense of rhythm and melody as they gain confidence in their musical abilities.

Come make some FUN music with us!

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## Registration Information

- There are a limited number of spots available per class, we encourage you to register as early as possible. **Payment must be submitted with your registration form.**
- Once we have received your registration and payment, you will receive an e-mail:
  - Confirming enrollment or
  - Notifying you that the class is full. Those children who could not be enrolled will be put on a waiting list. If a spot becomes available we will fill spots starting at the beginning of that list.
- Alumni of Westmont (up to 1st grade) who would like to participate in Westmont's After School Program may do so if there are still spots available within one week of the start of class.
- Refunds cannot be issued after classes have begun.
- There may be gaps of time between your child's school time and the start or end of the After School Program. Please note that children may utilize Extended Day, however, normal Extended Day fees will apply.
- At times it may be necessary to cancel a class due to inclement weather or provider problem. You will be notified by the school should that need arise. Any class cancellations will be re-scheduled. We will inform you via e-mail of the make-up date.



Questions or allergy concerns?

Please contact Amanda at 908-879-6355 or [afink@westmontmontessori.org](mailto:afink@westmontmontessori.org)

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# After School Activities Program Fall 2018 Registration



Child's Name \_\_\_\_\_ Class \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Email: \_\_\_\_\_

**Please submit payment made out to  
'The Westmont Montessori School'  
with your registration form.**

**No refunds after the start of session.**

Classes each run for 8 weeks and are not held when the school is closed for any reason. Classes canceled due to inclement weather will be made up at the end of the session.

PROGRAM	DAY/TIMES	DATES		COST PER SESSION
<b>Ready, Set, DANCE!</b>	<b>Wednesdays</b> 3:35-4:20	<b>Oct. 17 - Dec. 12</b> 8 Classes	<input type="radio"/>	<b>\$180.00</b>
<b>Yoga</b>	<b>Thursdays</b> 12:05-12:50	<b>Oct. 18 - Dec. 20</b> 8 Classes	<input type="radio"/>	<b>\$180.00</b>
<b>Fun! Music</b>	<b>Thursdays</b> 3:35-4:20	<b>Oct. 18 - Dec. 20</b> 8 Classes	<input type="radio"/>	<b>\$180.00</b>
<b>Chef it Up!</b>	<b>Fridays</b> 12:05-12:50	<b>Oct. 19- Dec. 21</b> 8 Classes	<input type="radio"/>	<b>\$125.00</b>
		<b>TOTAL:</b>		<b>\$</b>

For Office Use:

Date of Submission: \_\_\_\_\_ Check #: \_\_\_\_\_ Enrolled: \_\_\_\_\_